

August 4, 2025

Ephesians 4:1-6

Bearing with One Another in Love

- 1. What part of the text or message had the greatest impact on you? Where were you most encouraged? Intrigued? Challenged?
- 2. Paul urges us to walk in a manner worthy of our calling (v. 1). What does that look like practically in your everyday relationships at home, work, and church?
  - Can you think of a recent time when this was particularly difficult or costly?
- 3. What does it mean to bear with one another in love in real, daily life? How is different than just tolerating each other?
- 4. In addition to bearing with one another, Paul connects humility, gentleness, and patience with unity (v. 2). Which of these do you find the most challenging in community life? Why?
- 5. What's the difference between patience and passivity? How can you practice patient forebearance without enabling harmful behavior?
- 6. Paul roots our unity in one body, one Spirit, one Lord... (vv. 4-6). Compare this with what he earlier wrote in Eph. 2:11-22. How can remembering our shared identity in Christ shape the way you relate to others in the church today especially those who may feel like outsiders?
  - Jesus broke down the dividing wall of hostility (2:14). What kinds of walls (cultural, personal, political, etc.) still exist in the church or in your heart? What would it look like to actively pursue reconciliation and unity across those divides?